The National Health Federation

A Non-Profit Health Freedom Organization

SINCE 1955

What is the NHF?

The National Health Federation is the World's first health-freedom organization—and the ONLY one able to speak, submit scientific research, and actively shape global policy at international meetings of Codex Alimentarius, which means "food code" in Latin. NHF protects the health and health freedom of 8 billion people on the Planet.

Welcome to The National Health Federation

GET INVOLVED

Codex Alimentarius & Health Freedom NHF

OUR HISTORY OF ACCOMPLISHMENTS

Welcome to The National Health Federation – UK

COVID-19: The Science We Should Know

Since the inception of the COVID-19 pandemic in the spring of 2020, the messaging from most governmental authorities and major-media outlets has largely been consistent — COVID-19 poses a grave threat to all humanity, lockdown policies and mask mandates are necessary to 'stop the spread', existing diagnostic tests are reliable indicators of infection, no preventatives or treatments exist for COVID-19, the inoculations developed under Operation Warp Speed are 'save and effective', and mass inoculation is essential to end the pandemic. Meanwhile, dissenters from this orthodoxy have been routinely vilified and censored, regardless of their qualifications, personal experience, or the substance of their case.

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Codex Alimentarius Commission Advances Toxic Vet-Drug and Bee-Killer Pesticide Standards

December 30, 2022

Very carefully choreographed, this year's meeting met all of its anti-humanity goals By Scott C. Tips, NHF President After two years of Zoom meetings in place of live, in-person meetings, the Codex Alimentarius Commission (CAC) finally met in-person once again in Rome, Italy during the week of November 21, 2022. Well, not quite. In deference to the on-going COVID-19 fear-mongering, it was actually a "hybrid" meeting where delegates could attend either in-person or by Zoom. But social distancing was to be enforced in the FAO main room where the meeting was to take place, which meant that all of the...

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The National Health Federation's 100-Year-Old Roots

December 20, 2022

Did Dr. Abrams' work actually lead to the founding of NHF? By Scott C. Tips In late 2021, just before the fierce winter storms broke that year, the National Health Federation (NHF) moved its offices from southern California to central Washington State. Supervising and organizing the California end of the move was the NHF's much-appreciated Art Director and general go-to-guy Ben Lizardi. Because of space limitations in the truck, some of NHF's items ended up temporarily in Ben's garage until they could be sent North. Almost one year later, while reorganizing his garage, Ben came across an old,...

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From Health Freedom and Dignity to Chinese-like Digital Slavery in Four Easy Steps: What Must We Do to Stop This?

December 20, 2022

By Mascha Orel Seventy-five years ago, on August 20, 1947, the Nuremberg Code was introduced to the World. This landmark document was the culmination of the so-called Doctors Trials that were held after World War II. Since then, it has ever served as an ethical code to protect people's dignity, establishing the non-negotiable rights to informed consent and to refuse medical interventions. Today, as we face the largest medical experiment in the history of mankind and rampant disregard for the human soul and dignity, the Nuremberg Code is more relevant than ever. One would expect the 75th anniversary of the...

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Now Is the Time! Support the Proposed 28th Medical Freedom Amendment

December 20, 2022

By Michael LeVesque, NHF Board Member The proposed 28th Medical Freedom Amendment to the U.S. Constitution is the long-awaited eleventh amendment to the Bill of Rights. The Amendment states the following: "All people have the Right to secure their Health in the manner they choose. Congress, the President, State Legislatures and Executives, Governmental Agencies, or Departments shall make no law or executive order that impedes the Individual's rights to informed consent nor right to medical choice nor freedom of medical choice. Nor shall the President, Congress, State Legislatures or Executives, Governmental Agencies, or Departments make any law or executive order...

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Global Health Threats and More

December 20, 2022

By Charles Frohman, NHF lobbyist Charles Frohman with U.S. Rep. Louie Gohmert There has been so much happening around the World, and so quickly, that it has been a challenge to keep our members current. However, our monthly NHF Zoom meetings, hosted by Alex Landry and me, are not to be missed for those wishing to keep on top of current events. And the following information should help you too. Global Health Threats While NHF President Scott Tips fought against Codex-proposed environmental farm controls as potentially toxic, a weak limit on glyphosate contamination, and a first salvo on insect food...

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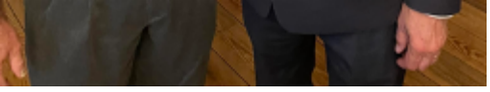

Free access for a limited time to Health Freedom News

December 16, 2022

To the NHF membership and e-list subscribers, We are happy to let you know that the latest issue of Health Freedom News magazine is on its way to your mailbox but is also available in PDF format. Members may access it now by going to the NHF website to your member portal located on the upper right above the header. If you are not already an NHF member and would like access to all of our latest issues, then join now and you could be reading this very issue in just a few minutes. Click Here To Read New HFN Magazine As a special gift, here is a…

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When You Give to NHF, You Give to Yourself and Your Children

November 29, 2022

November 29, 2022 Dear NHF Members and Friends, Here's what you need to do to keep the momentum going into 2023 when the battles against your health and health freedom will certainly gain intensity: Join NHF if you are not already a member Share the gift of health and hope with friends and family Order back issues of our magazine to introduce NHF into your circle Commit to a giving program that insures you LITERALLY have a fighting chance! Here are several reasons why: The National Health Federation (NHF) is part of a coalition fighting our own government's transfer…

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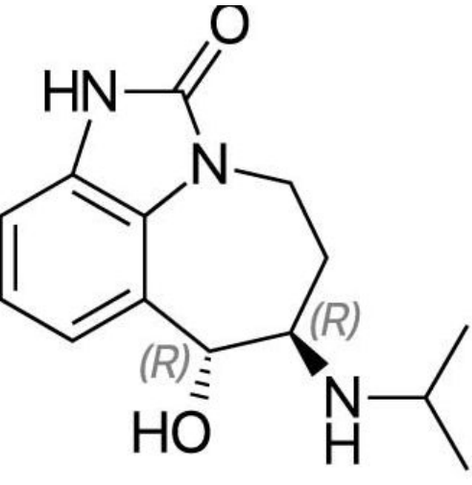

Comments of NHF on Zilpaterol Hydrochloride

November 21, 2022

Agenda item 4.8 CRD16 JOINT FAO/WHO FOOD STANDARDS PROGRAMME CODEX ALIMENTARIUS COMMISSION Forty-fifth Session FAO Headquarters, Rome, Italy 21-25 November and 12-13 December 2022 Comments of NHF on Zilpaterol Hydrochloride (CX/EXEC 22/83/2 Add.2 of Agenda Item 2: Critical Review Part 3 (zilpaterol)) The National Health Federation (NHF), a non-profit consumer organization, respectfully submits the following comments on the draft MRLs for Zilpaterol hydrochloride for consideration at CAC45: Safety Issues for Zilpaterol Still Exist The reason that there is significant sustained opposition to a Zilpaterol MRL is because growth promoters like Zilpaterol do not belong in animal-health husbandry: Growth-promoting substances do…

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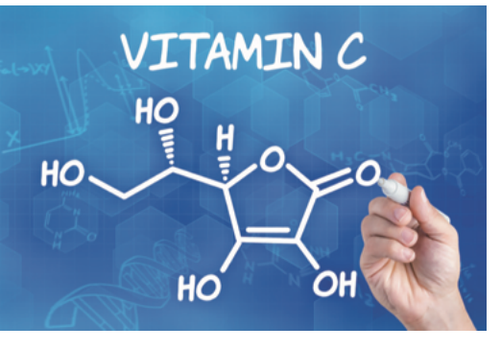

Vitamin C and Cortisol – Synergistic Infection and Toxin Defense

November 20, 2022

Commentary by Thomas E. Levy, MD, JD OMNS (Dec. 11, 2021) Vitamin C and cortisol are the two most important and most powerful naturally-occurring anti-inflammatory agents. The mechanisms of their synergistic action indicate they are literally designed by nature to interact together to optimize the antioxidant impact needed to resolve the disease-causing oxidation that always results from toxins, infections, and stress. As inflammation in a tissue is the direct result of the oxidation, metabolism, and depletion of vitamin C levels in that tissue, it is of primary concern to normalize cellular vitamin C levels as promptly and completely as possible. Quite literally,…

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Bill Sardi and Macular Degeneration

July 12, 2022

Bill Sardi Affirmed My Own Research and Discovery Path By Katherine A. CarrollNHF Executive Director of Operations and Finance, NTP In late 2010, my husband and business partner at Medical Vision Center (MVC) in Morton, Washington, Dr. Donald Carroll, and I were invited on a radio interview with a supplement manufacturer to discuss nutraceuticals and age-related macular degeneration (AMD). Our clinic's strong emphasis was on treating this potentially blinding disease nutritionally. We were both certified as Nutritional Therapy Practitioners (NTP) in 2004 and had opened an in-office natural dispensary. This led to meeting Bill Sardi, researcher, and author of articles…

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IT'S OFFICIAL, COURTESY OF CODEX – SPIDERS, TICKS, AND LICE FOR BREAKFAST, OH MY!

July 11, 2022

With a Healthy Topping of Dolphin and Whale Fat …. BY SCOTT TIPS, NHF PRESIDENT The new Chairman of the Codex Alimentarius Committee on Pesticide Residues (CCPR) is Guibiao Ye and he is an excellent chairman. Unlike some others I have encountered, he lets everyone talk, he listens and thinks about what he's heard, and then overall he makes sensible decisions. Above all, he doesn't promote his own personal views and opinions as some sort of "consensus" of the Committee. Working well with the experienced Codex Secretariat, Gracia Brisco, he is just the kind of chairman that this Committee needs.…

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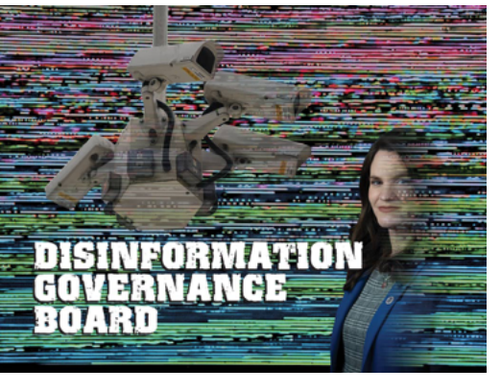

SADLY, GEORGE ORWELL'S PREDICTIONS ARE COMING TRUE

June 27, 2022

The Disinformation Governance Board BY SCOTT C. TIPS, NHF PRESIDENT In late April 2022, the Department of Homeland Security Secretary Alejandro Mayorkas publicly revealed at a press conference the existence of a government Propaganda Department, euphemistically called the "Disinformation Governance Board" (DGB). Its mission is to suppress all viewpoints that disagree with what the government pronounces as correct. In other words, there will henceforth be a "party line" and those who oppose or even simply do not follow the party line can be punished. It should seem obvious to even the room-temperature IQ people promoting this propaganda board that the…

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NFSDU Mtg 2004

Booyzen & Tips Ottawa 2012

NHF President Scott Tips & Former NHF President Charles Crecelius

Scott Tips, Nepal Delegates Atul Upadhyay & Sanjeev Karn

Katherine Carroll, NHF Executive Director & Nepal Delegate Sanjeev Karn

Nepal Delegate Sanjeev Karn & NHF President Scott Tips &

Joseph Delgado M Florida Representa Katherine Carro

The National Health Federation leads in the fight for the future of health freedom!

NHF'S MISSION

The NHF is an international consumer-education, health-freedom organization working to protect individuals' rights to consume healthy food, take supplements and the choice to use alternative therapies without unnecessary government restrictions.

NHF'S VISION

NHF envisions a World free of any and all artificial impediments to securing and retaining excellent, abundant health and health freedom. Individuals should be free to choose for themselves their own means of maintaining and regaining optimal health.

NHF'S PROMISE

NHF, together with health-freedom friends and colleagues throughout the World, vows to change and save lives through our uniquely leveraged position on the international political stage impacting food, nutritional supplements, and healing.

Other National Health Federation Branches

NHF – CANADA

NHF – SWEDEN

NHF – UNITED KINGDOM

OUR SISTER ORGANIZATION

FHR

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